Level 3A Clinical Proficiencies

These proficiencies are to be completed by students in the fall semester of their third year. The proficiencies are primarily based on the knowledge obtained in KIN 345 Topics in Athletic Training, in addition the student’s previous coursework.

A demonstration of the student’s decision-making and critical thinking abilities is paramount. It is important that the student demonstrate an overall ability to apply the skills and knowledge associated with each clinical proficiency and listed requirement, not just perform a series of psychomotor skills. Successful completion of the clinical proficiency requires the student to perform, at the minimum, the items listed under “Requirements”. Students should be prepared to answer questions from the ACI, who may challenge the student's knowledge by questioning the student’s purpose and reasoning for doing things and/or ask the student to explain and/or demonstrate what would be done to address a specific situation.

Clinical Proficiency 3A1: Medical Conditions and Disabilities

Demonstrate a general and specific (e.g., head, torso and abdomen) assessment for the purpose of (a) screening and referral of common medical conditions, (b) treating those conditions as appropriate, and (c) when appropriate, determining a patient's readiness for physical activity. Effective lines of communication should be established to elicit and convey information about the patient's status and the treatment program. While maintaining confidentiality, all aspects of the assessment, treatment, and determination for activity should be documented using standardized record-keeping methods. (MC-CP1:4th edition)

Requirements:
In order to complete this proficiency, the student will perform the following:

A thorough clinical examination of a patient believed to be suffering from an injury or medical condition to the body regions/systems listed below. Upon completion of the assessment, the student will make an accurate diagnosis and implement an appropriate course of action.

3A1.1 – brain (e.g. concussion, focal brain injury, etc.)
3A1.2 – head/face
3A1.3 – nose
3A1.4 – mouth/teeth/jaw
3A1.5 – throat/neck
3A1.6 – eye
  ➢ If the examination does not warrant a direct ophthalmoscopy examination, the student must also complete proficiency 3A1.15
3A1.7 – ear
  ➢ If the examination does not warrant an otoscopic examination, the student must also complete proficiency 3A1.16
3A1.8 – abdomen/gastrointestinal tract
3A1.9 – cardiovascular system
  ➢ If the examination does not warrant auscultation of the heart, the student must also complete proficiency 3A1.17
3A1.10 – respiratory system
  ➢ If the examination does not warrant auscultation of the lungs, the student must also complete proficiency 3A1.18
3A1.11 – skin
3A1.12 – genitourinary tract/gynecological
3A1.13 – neurological
3A1.14 – systemic (i.e. affects multiple systems or organs)

NOTE: the following proficiencies may have been completed with proficiencies 3A1.6, 3A1.7, 3A1.9, or 3A1.10. If a skill listed below was included in one of those proficiencies, then it does not need to be repeated again.
3A1.15 – an eye exam by means of direct ophthalmoscopy
3A1.16 – an ear exam by means of an otoscope
3A1.17 – auscultation of the heart
3A1.18 - auscultation of the lungs

Clinical Proficiency 3A2: Psychosocial Intervention and Referral
Demonstrate the ability to conduct an intervention and make the appropriate referral of an individual with a suspected substance abuse or other mental health problem. Effective lines of communication should be established to elicit and convey information about the patient's status. While maintaining patient confidentiality, all aspects of the intervention and referral should be documented using standardized recordkeeping methods. (PS-CP1:4th edition)

Requirements:
In order to complete this proficiency, the student will perform the following:

3A2.1 – identify common characteristics of a person with a substance abuse problem and demonstrate the ability to intervene and make the referral to appropriate medical or allied medical professionals.

3A2.2 - identify common characteristics of a person with a mental health problem (e.g. depression, suicidal thoughts, etc.) and demonstrate the ability to intervene and make the referral to appropriate medical or allied medical professionals.

Clinical Proficiency 3A3: Nutritional Aspects of Injury and Illness
Demonstrate the ability to recognize disordered eating and eating disorders, establish a professional helping relationship with the patient, interact through support and education, and encourage vocal discussion and other support through referral to the appropriate medical professionals. (NU-CP2:4th edition)

Requirements:
In order to complete this proficiency, the student will perform the following:

3A3.1 - identify common characteristics of a person with an eating disorder and/or disordered eating problem and demonstrate the ability to intervene and make the referral to appropriate medical or allied medical professionals.
Learning over time:
The student will provide comprehensive patient care by:

3A4.1 – assessing a patient with a musculoskeletal injury and determining an accurate diagnosis
3A4.2 – providing acute care for the injury as needed (e.g. provide first aid, make a referral, etc.)
3A4.3 – providing follow-up care for the injury (e.g. therapeutic modalities, conditioning and rehabilitation exercises, make referrals, etc.)