Need Female Lifters, Soccer Players, and Recreationally Active Women

**Benefits**
- Receive a hip and lumbar spine bone density scan, and full body scan.
- You will walk away with your fat vs. lean body mass ratio as well as your bone density.
- By participating you will help discover the effects of Olympic lifting, power-lifting, and soccer on female bone density.

**Requirements**
- Athletes must be age 18 and up with a minimum of 9 months current competitive power lifting, Olympic lifting, or soccer training.
- Recreationally active women must not be competitive athletes and should exercise no more than 5 hours per week.
- No medications or health conditions that would affect your bone density.

If interested call, text, or email Mike Harrison: 512-923-1942, jmharrison120@utexas.edu