Rehab Counseling Theories Course Syllabus
Rehabilitation Counseling Theories
SED 387 First Summer Session Course
June 3-June 30, 2010

Dr. Gene I. Brooks
Office SZB 532H
E-Mail: gene.brooks@mail.utexas.edu
Office hours: Mondays & Wednesdays 10:00 am to Noon or by appointment

TEXTBOOK:
Theory and Practice of Counseling and Psychotherapy, 8th Edition
by Gerald Corey. Order now from http://www.amazon.com or buy it at the University Coop.

COURSE OBJECTIVES:
The purpose of the course is to learn a variety of theoretical models underlying both individual and group practice in counseling, as well as a variety of counseling techniques in both individual and group counseling. To that end:
* Students will learn to critique, compare, and contrast major theories of counseling as they apply to rehabilitation counseling settings.
* Students will analyze the therapeutic process and the practical elements of counseling theories.
* Students will integrate theoretical and experiential learning in order to form a personal model of the counseling process.
* Students will be exposed to a variety of ethical and professional issues in counseling, particularly in circumstances common to rehabilitation counselors.
* Students will develop self-evaluation skills, writing skills, and critical thinking skills as they apply to counseling in a rehabilitation setting.
* Students will consider their own qualities that support as well as hinder efforts to be therapeutic to others.

ACCOMMODATIONS
The University of Texas at Austin provides upon request appropriate academic accommodations for qualified students with disabilities. Any student with a documented disability who requires specific accommodations should contact the Office for Students with Disabilities at 471-6259 to request an official letter outlining authorized accommodations.

TOPICAL OUTLINE
June 3: Log in! Overview; Expectations; Personal Culture; Introduction.
Read Chapters 1 & 2 before you log in

June 4: Ethical Issues
Read Chapter 3 before you log in
June 7: Psychoanalytic Therapy
Read Chapter 4 before you log in

June 9: Adlerian Therapy
Read Chapter 5 before you log in

June 11: Existential Therapy
Read Chapter 6 before you log in

June 14: Person-Centered Therapy
Read Chapter 7 before you log in

June 16: Gestalt Therapy
Read Chapter 8 before you log in

June 18: Behavior Therapy
Read Chapter 9 before you log in

June 21: Cognitive-Behavioral Therapy
Read Chapter 10 before you log in

June 23: Reality Therapy
Read Chapter 11 before you log in

June 25: Feminist Therapy
Read Chapter 12 before you log in

June 28: Family Systems Therapy
Read Chapter 14 before you log in

June 30: Read Chapter 15: An Integrative Perspective--for your Summary Paper
DO NOT LOG IN
SUMMARY PAPER DUE TODAY (SEND TO ME BY E-MAIL)

ASSIGNMENTS TURNED IN AFTER DUE DATES ARE SUBJECT TO GRADE PENALTIES, UNLESS PRIOR ARRANGEMENTS HAVE BEEN MADE.

LOGGING ON TO YOUR DISTANCE LEARNING COURSE
To log on to the course you will need to know your UT EID and password. Log on to Blackboard: http://courses.utexas.edu/, insert your EID and password, and press the Login button. Once you are logged in, you should see a list of the courses you are signed up for. Click on SU REHAB COUNSELING THEORS-WB, go to the Discussion Board, and you will find a message from your instructor welcoming you to the class.
Your first assignment is to post a response to your instructor's message and to read other classmates’ messages as they begin to post them. You are expected to participate in the discussions every Monday, Wednesday, and Friday during June. I will post a discussion question by noon every Monday, Wednesday, and Friday and you are to log in and participate in the discussion of the posted question before the next time I post. That only gives you a day and a half, so do your best to keep up.

After logging in to your course, please spend some time exploring the available links, especially the SYLLABUS link and the DISCUSSION BOARD link.

The SYLLABUS link will take you to a copy of this syllabus document outline. The DISCUSSION BOARD link will take you to the DISCUSSION BOARD feature of Blackboard. It is here that your course discussions will take place.

COURSE REQUIREMENTS:

1. Active participation online (50% of your grade). Active participation in class is essential to your learning, therefore 50% of your grade will be based on your consistent, lively, genuine, and thoughtful participation in online discussions. For each topic, discussion questions will be posted to the course Forum feature in Blackboard.

You are expected to participate in the discussions every Monday, Wednesday, and Friday from June 4 to June 30. I will post a discussion question by noon every Monday, Wednesday, and Friday and you are to log in and participate in the discussion of the posted question before the next time I post. That only gives you a day and a half, but do the best you can. Points will be deducted from your grade for unexcused failures to log in.

2. Chapter Quizzes (20% of your grade). To do the quizzes for the course, connect with the following site. To access the site, copy then paste the following internet address into your web browser (Internet Explorer, Firefox, etc.) and follow the instructions below: http://www.wadsworth.com/cgi-wadsworth/course_products_wp.pl?fid=M20b&discipline_number=7&product_isbn_issn=0534536050

Note that the quizzes are from the 7th Edition—this is OK.

Instructions: Tutorial Quizzes start with Chapter 4, Psychoanalytic Therapy. To complete the quizzes, select the chapter from the pull-down window in the upper left of the page labeled “Select a chapter.” A new page will automatically load when you choose a chapter. Then to the left you will find the Chapter number with “Tutorial Quiz” underneath. Click on the tutorial quiz. Click the orange Start Assignment Now button to begin the test. When you have finished the test, press Submit. Next, press End quiz and view summary. At this point, you may start the test over to increase your score, or you can send the results to gene.brooks@mail.utexas.edu. Send the results of your test by
inserting my e-mail address, in the form in the center of the page. Fill in your first name, last name, and e-mail address, and press the orange button on the lower right to Send the e-mail.

3. Summary Paper (30% of your grade). Read Chapter 15: An Integrative Perspective for Summary Paper

The summary paper will be your analysis/discussion of:

* Influences of Theories--How counseling theories influence your understanding of how to work with consumers with disabilities.
* Applications of Theories--How you will apply what you have learned in your anticipated work setting.
* Cultural Diversity--What you learned about counseling with culturally diverse clients with disabilities.
* My Strengths and Weaknesses--What you have learned about your own strengths and weaknesses as a potential counselor.
* My Theoretical Orientation--The theoretical orientation(s) you anticipate using as a professional, and why.

The paper should be at least 15 pages (double spaced, one inch margins). You must use at least five references beyond your textbook. You can use the UT electronic library to get these references.

Write your paper in MS Word and attach it to an e-mail sent to me by the deadline. For clarity, please title the document and e-mail with your name and the topic, for example, "Amy Jones Summary Paper."

Written assignments will be evaluated on content as well as style. I expect your style to be consistent with general APA guidelines in terms of language, grammar, organization, and coherence. An APA Publication Manual is a good investment in case you don't have one.

GRADING KEY
100 to 90 points = A
89 to 80 points = B
79 to 70 points = C

COURSE DROP DATES
This course may be dropped in compliance with the university calendar in the Course Schedule available at UT’s web site.

COURSE EVALUATION
This course will be evaluated according to University guidelines.

E-MAIL DR. BROOKS OR HIS GRADUATE ASSISTANT IF YOU HAVE DIFFICULTY WITH YOUR CLASS:
DR. BROOKS: gene.brooks@mail.utexas.edu or call 512-232-4327.
Ms. Rafelina Emuang, GA
E-MAIL: rgemu@sbcglobal.net or call 512.475.6576